

CUC Summer Program 2024

July 29 – August 7

Student Magazine



CUC Summer Program 2024

海外学生の声（一部抜粋）

1. HONG MIN_Shanghai Lixin University of Commerce (上海立信会計金融学院)
2. JEREMIA PANDAPOTAN SINAGA_University of Sumatera Utara (北スマトラ大学)
3. MAHESHVARI SUHANI_Sir Padampat Singhania University (サー・パダンパット・シンハニア大学)
4. NGUYEN THI MINH THI_University of Nebraska (ネブラスカ大学オマハ校)
5. TRAN DUY ANH_FPT University (FPT 大学)

【プログラム概要】

日程:2024年7月29日~8月7日(10日間)

海外参加校(全11校):上海立信会計金融学院(中国)

サー・パダンパット・シンハニア大学(インド)

国立台北商業大学(台湾)

ウォッシュバン大学(アメリカ)

ネブラスカ大学オマハ校(アメリカ)

北スマトラ大学(インドネシア)

ローゼンハイム応用科学大学(ドイツ)

FPT 大学(ベトナム)

グアナフアト大学(メキシコ)

パンヤピワット経営大学(タイ)

漢陽大学校(韓国)

参加人数:海外学生22名 CUC サポーター学生:32名

Schedule

	午前	午後
7/29		~14:00 Arrival 16:00~ Orientation-1 17:00~ Check in
7/30	10:00~ Orientation-2 12:00~ Welcome party	13:00~ Activity-1 ・Yukata Experience13:00~15:00 ・Tea Ceremony experience15:00~16:30
7/31	9:00~ Lecture① 11:10~ Lecture② 12:40~ Lunch	13:30~18:00 Activity-2 ・Tokyo National Museum Tour
8/1	9:00~ Lecture③ 11:10~ Lecture④ 12:40~ Lunch	13:30~18:00 Activity-3 ・CUC Student Program
8/2	Yokohama Bus Tour 9:00~18:00	
8/3	Free Time	
8/4	Free Time	
8/5	9:00~ Lecture⑤ 11:10~ Lecture⑥ 12:40~ Lunch	13:30~16:00 ・Introduction of Amami(Faculty of Global Studies) ・Poster Session Preparation
8/6	9:00~ Lecture⑦ 11:10~ Lecture⑧ 12:40~ Lunch	13:30~15:30 Poster Session 15:30~17:30 Farewell party
8/7	Checked-out ~ 10:00	Departure

I am HONGMIN from Shanghai lixin University of Commerce, and here is my report of 2024 CUC summer program. When I write this report, the precious time I spent in CUC campus with warm-hearted CUC members flashes through my mind, which makes me burst into tears.

From July 29 to August 7, 2024, I spent very meaningful days at Chiba University of Commerce in Japan. During these 10 days, I not only met with friends from all over the world, learned about various culture of different countries and regions, but also experienced rich and interesting activities and various teaching methods. I really appreciate this opportunity provided by both school and I would like to say many thanks to the CUC teachers and students who made this program so fruitful and unforgettable.



Above all, I would like to talk about the lectures, from which I gained a lot. In this program, the general theme of the lecture was "Live to 100 years old and live a meaningful and fulfilling life". Four lectures were held on this topic, covering 'the role of education in bridging the gap between rich and poor', 'sustainable business models', 'using AI to learn languages', 'artificial intelligence and ethical issues'.

There were many group discussion parts, in which we expressed our own opinion and listened to other ideas. I could learn a lot from their logical thinking which reflected their thinking mode and their confidence while presenting on the stage. Through this series of lectures, I have had a deeper understanding of the microeconomics and macroeconomics courses I have studied before, and have better understood the role of education in narrowing the gap between the rich and the poor: education helps the poor break the "poverty trap" and break the cycle of "the poor are poor because they are poor". In the second course, the professor led us outside the classroom for practical activities. He led us to visit the solar energy equipment on the roof of the teaching building and the plantation garden in the corner of the school, where I saw the contribution of CUC in energy conservation, environmental protection and sustainable development. In the course of using ChatGPT for language learning, we asked ChatGPT questions through the prompts we learned, and obtained results such as word lists, grammar tests, and situational dialogues that are very important for language learning, which broadened the way in our language learning. In the last lecture, we talked about some ethical problem which would caused by the misuse of AI. For instance, face-scanning payment might cause some privacy leaking problem, but it could be alleviated by formulating and improving relevant legal policies. In addition, there might be bias problems because of their biased training system, which could be solved by taking unbiased training. This class has expanded a lot of my knowledge about artificial intelligence. Overall, I gained a lot from these lectures.



In addition, I would like to talk about the activities I experienced. Yukata experience, tea ceremony, Tokyo national museum, and the activities organized by CUC students all impressed me a lot. I tried Japanese traditional toy Kendama, which was really hard. But through my persistent effort, I finally made it! Besides, we also made key chain and bracelet with the assistance of CUC students, which was really beautiful. CUC students contributed a lot in the preparations of these activities and explaining and guiding us in the game. I would like to express my sincere gratitude to them. Thanks to them, I had perfect experience.

On Friday, we took a bus to Yokohama to complete some missions by group, which was the most impressive experience for me. Exploring a city by completing the mission cards was quite novel for me, and I felt so excited to go to a new city, a beautiful coastal city. Our group wanted to get prizes, so we completed each task in quick time. One of the CUC students in our group marked the place names on the task card on the map, calculated the distance between the tasks, and we strived to complete the tasks as much as possible.

We visited the cupnoodles museum and made our own cupnoodles, during which CUC students help to translate and explain and I was really grateful for that. The visit made me think a lot about innovation and persistence. These personalities are so important in achieving to the goal. Momofuku was so groundbreaking in inventing instant noodle that he was honored as Mr. Noodle.



When there were no classes, I hang around with my friends. We went to many places and tried delicious food. We went to Ichikawa station, Ikebukuro, Shinjuku to eat sushi, ramen noodles, roast meat. We did some shopping, which was tired but happy. It was worth mentioning that this was my first time to experience the Japanese buses, trams and other transportation vehicles. Trams are divided into ordinary trains, rapid trains, and express trains depending on whether they stop at all stations or not. Looking at the dense transportation lines, I couldn't help but feel the transportation system in Japan was so complicated. Sometimes, even with the assistance of map app, we got lost in the station. Experiencing the traffic by myself directly, rather than watching it on movies or

something, gave me a deeper understanding in Japan's transportation and lifestyle. In addition, I also noticed that Japan's garbage classification was very strict, which would contribute to the better use of resources and its sustainable development.

I like to visit family mart. All food there is very delicious there. I like yogurt, ice-cream, fast meal and so on. Over the weekend, I went to Tokyo one day and Disney sea the other day. In Tokyo, I saw many shopping malls and numerous people, which was quite different from Chiba, a quiet and pleasant place ; at Disney, we tried several rides, which were fun and we tired out. Due to the hot weather, we spent our afternoon in indoor facilities, which were also entertaining.



On the last day of leaving, we had a group presentation on "cultural similarities and differences". Some of students wore their traditional clothes, which were amazing. Each group made their own posters, and group members would explain different culture and customs to audience. Through listening to the narrator's presentation of the culture of their country, I learned about different clothing habits, eating habits, wedding habits, school routine in different countries and regions. That was interesting.

After that, the farewell party began. It turned out that we won the third prizes in Yokohama mission! How excited we were! At last, we exchanged our board and wrote some words to record the time we spent together. I would miss them and the days we spent together.



Overall, I really appreciate CUC for providing us with the opportunity to go on a study tour, where I am able to experience the living environment and lifestyle of Japan, and the environment and teaching mode of Chiba University of Commerce. This is a window for me to link the world, through this window, I see the lifestyle and thinking modes of my peers around the world, and I see the communication of ideas and exchange of culture.

Jeremia Pandapotan P Sinaga

University of Sumatera Utara

August 29th, 2024

CUC Summer Program 2024 Report

Since I entered Japanese Literature, I am very interested in Japanese culture. I am very grateful to Onda San and Prof. Hashimoto Takako for recommending this programme, CUC Summer Program 2024, I have gained a lot of experience, such as wearing Yukkato, at the beginning I was very worried about the bathroom, but after trying it, I was very surprised. This programme made me understand many things, I can also learn Japanese directly and gain knowledge in the lecture.

Secondly, I really loved how places in Japan put a focus on protecting the environment in their everyday actions, fostering the sustainability of the society. On CUC campus and dormitory, there are different types of trash bins, such as burnable, unburnable waste, PET bottles, etc, to raise the awareness of students about garbage categorization and make it more convenient for the recycling process later. I was also amazed by how the solar system was strategically installed on different buildings of CUC to optimize the amount of energy obtained. On a larger scale, the stores in Japan do not give away plastic bags for shoppers to motivate them to bring their own reusable bags when they shop. This policy has been proposed in my home country for a while but was delayed in my state for many reasons regarding the great convenience of using plastic bags. In addition, the public transportation use in Japan is common due to its reasonably priced tickets, easy access through multiple stations in town and the reliability of buses and trains to arrive on time. While some of these practices can bring inconveniences to people's lives at some point, it is amazing to see people in Japan respect and adopt them as daily habits to reduce the carbon footprint from their daily activities.

Last but not least, through the CUC Summer Program 2024, I got the great opportunity to witness how technology has been adopted to enhance people's life quality. I really loved how the robots are used in some of the café in Japan while being controlled by employees with disability. This is a great example that consolidates my understanding from the CUC lectures about using AI to advocate for inclusion and equity at workplaces. I am also impressed by how technology has been applied to improve the infrastructure around the city. It plays an important part in the main process of designing and operating the complicated train systems to ensure the safety of passengers and operators, building roads and bridges to better the traffic flows and make it more accessible for tourists. For me, it was clearly indicated as effective after my bus tour to Yokohama.



CUC SUMMER PROGRAM 2024: CULTURAL AND KNOWLEDGE EXCHANGE

SUHANI MAHESHVARI

SIR PADAMPAT SINGHANIA UNIVERSITY, UDAIPUR, INDIA

I participated in summer student exchange program 2024 at Chiba University of Commerce, Japan. It's my first international trip. When I heard first of the student exchange program, I signed up for it straight away.

28/07/2024: The day when we departed from Chhatrapati Shivaji Maharaj International Airport, Mumbai, India and travelled 6,716 km in almost 10 hours flight journey and reached to the Narita Airport, Tokyo, Japan on 29/07/2024.

29/07/2024: In morning 8.00 AM (Japan standard time) landed on Narita Airport, Tokyo. After 6 hours of long wait we met CUC students at terminal 2 of Narita airport at 2 PM. Around 5 PM we reached to the CUC campus there is orientation 1 took place where we got the

information about the dormitory, E-money card and other basic necessities. In evening me and some other foreign students went to the Ichikawa station for the dinner.

30/07/2024: Day 2 at Japan, in morning 10 am to 11.30 am we have orientation 2 where first we divided into the group of 5 or 6 people in which some Japanese and international students are included. Then we introduced to each other, some more instructions were provided by international division staff, Mr. Takuya

Miyahara and Miss Irina Kaputova and Endrich Karin, after the orientation ended, we all went for the welcome party at International Square, CUC. There many types of vegetarian and non-vegetarian Japanese dished get served.

Yukata Experience and Tea Ceremony: Afternoon at 1.30 pm we all are invited for the Japanese traditional dress experience; the dress is called "**Kimono**". The International Exchange Association of Ichikawa City helped us to try on Japanese traditional dress "Yukata". After we all dress up, we took many pictures and played many traditional Japanese games like Zenga, Cards, Uno and many more. We all were invited for Japanese traditional Tea Ceremony by CUC Tea Ceremony club! For the Tea Ceremony we went to Japanese traditional room, sit by folding legs and traditional Green Tea (Macha) were Served to us, with some sweets. The combination of both sweet and bitter was good.

31/07/2024: Day 3 started with Lecture on "**Solving poverty cycle and future possibilities**" by "**Nguyen Thuy**". In this lecture session Using specific case studies and statistical analysis, we had examined the transformative impact of education on individual and communities of the poverty. The lecture was very well explained by the professor. After the lecture we went for the lunch and after having lunch we went to the Museum tour. We went to the "**Tokyo National Museum**". It is



the largest museum in Japan. It is divided into various sections like Honkan: Main building, Toyokan: Asian Art gallery, History section etc.

After coming back from the Museum, we went to the Matsudo Station for the dinner.

01/08/2024: Day 4 started with lecture on **“Sustainable Business Models and the Case of CUC’s Net-Zero Carbon Action”** by **“Teshima Susumu”**. We learnt about the New Sustainable Business Model that contribute not only to profits but also to the society and the environment. Along with this we also learnt that CUC has been recognized for its efforts to become a 100% renewable energy university and was the first winner in the world in the **“2030 Climate Action”** category of the **International Green Awards in 2022**. After the lecture we went to see the facilities of green energy in campus and also the wine yards which is grown under the Green-house. After the lecture we all are invited for the CUC Student Program. In this CUC students arranged many activities for the international students that they love to play in free time. I also had Japanese shaved ice and won many gifts and enjoyed a lot.



02/08/2024: Day 5, **“Yokohama Bus Tour”** in morning at 8.30 am we all gathered to go to Yokohama Minato Mirai. After one and half hour we reached to yokohama Minato Mirai by bus. In between some Japanese snacks were served. In yokohama Minato Mirai we received a task sheet to complete in yokohama Minato Mirai. There are many activities and various types of food is available there, and our group manage to complete 11 tasks out of 20.



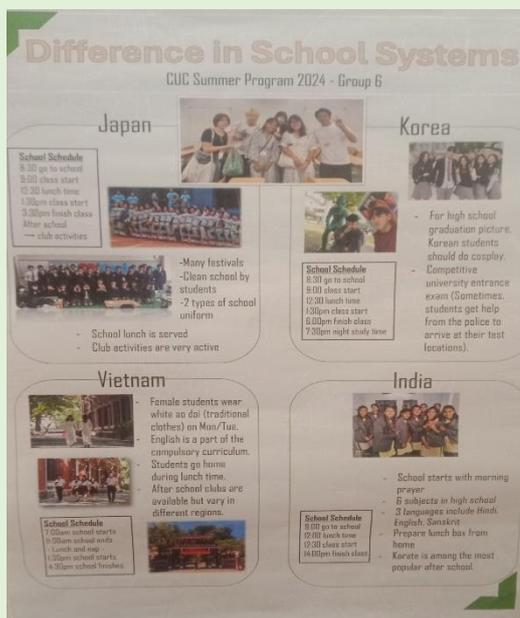
03/08/2024: Day 6, its free day for all of us, so 1 Japanese and 2 Indonesian students joined us and together we went to first **“Tokyo Sky Tree Tower”** than **“Asakusa Temple”** than **“Akihabara”** for lunch there are many game stations so we played some games there after that we went to Tokyo to see **“The Outer Garden of the Imperial Palace”** after that we went to **“Shibuya”** the most crowded place. We had dinner there and went to last location **“teamLab Planets”** at Tokyo. It is an art museum that uses many different types of AI and technology.



04/08/2024: Day 7, it's also a free day for all of us, so all my friends had decided to go to Disney, some of my friends went to the Disney Land and me and others went to the "Tokyo Disney Sea". We all had lots of fun and shop.

05/08/2024: Day 8, we all were very tired, the day started with lecture on "using ChatGPT Wisely in Language Learning: Pitfall to Avoid" by "Yamauchi Mari" we had lots of activity in the lecture many prompts were given to the ChatGPT and received many different solutions. After the session we all prepared our posters. At the end of the day, we went to the Tokyo for dinner.

06/08/2024: Day 9, the day started with lecture on "AI and Ethics" by "Hashimoto Takako", in the lecture we saw many used cases of AI in the world for the security and many more. After the lecture we have the poster presentation session, my group prepared on the "Difference in School system" in different countries. Then we had farewell party where we danced a lot and received gifts and certificates all dressed traditional. After we went to the Ginza city.



07/08/2024: Day 10, last day in morning 9 am we had completed all the formalities and checked out from the CUC by train and reached Narita Airport at 10 am for the return flight. Its very hard to say Bye to everyone because the bond we made in 10 days is so strong and unbreakable. Hope I will meet them again in future.

The overall journey to CUC, Japan is so beautiful and memorable. Learning japanese culture is entertaining and good.



Thi Minh Thi Nguyen

University of Nebraska at Omaha

August 20th, 2024

CUC Summer Program 2024 Report

Since I was a kid, I have been told so many amazing things about Japan, including but not limited to the kindness of Japanese people, the unique features of their cultural beliefs, and the perfect balance of how the modern innovations and long-time traditions coexist in the community. Thanks to CUC Summer Program 2024, I had the great opportunity to experience what I have long heard through news and social media about Japan while appreciating the beauty of this country.

My first impression about Japan is that the people here are nice and polite, even though I am just a stranger to them. I really liked how I was greeted with *おはよ ございます* every morning on my way to lectures or when someone slightly took a bow towards me when they walked past me. These small acts were not written in any school rules or policies, but I slowly learned and adapted to them from time to time as I know they would make people feel welcomed and appreciated like the way I felt. I was also grateful for being warmly greeted and provided with clear guidance from CUC's International Center Staffs and CUC students, which definitely helped me to settle in quick and feel like home shortly after my arrival.



Figure 1. All the girls from the program during the Yukata experience

Secondly, I really loved how places in Japan put a focus on protecting the environment in their everyday actions, fostering the sustainability of the society. On CUC campus and dormitory, there are different types of trash bins, such as burnable, unburnable waste, PET bottles, etc, to raise the awareness of students about garbage categorization and make it more convenient for the recycling process later. I was also amazed by how the solar system was strategically installed on different buildings of CUC to optimize the amount of energy obtained. On a larger scale, the stores in Japan do not give away plastic bags for shoppers to motivate them to bring their own reusable bags when they shop. This policy has been proposed in my home country for a while but was delayed in my state for many reasons regarding the great convenience of using plastic bags. In addition, the public transportation use in Japan is common due to its reasonably priced tickets, easy access through multiple stations in town and the reliability of buses and trains to arrive on time. While some of these practices can bring inconveniences

to people's lives at some point, it is amazing to see people in Japan respect and adopt them as daily habits to reduce the carbon footprint from their daily activities.



Figure 2. There is no furniture in the dorm room but we felt so comfortable with our futons.

Last but not least, through the CUC Summer Program 2024, I got the great opportunity to witness how technology has been adopted to enhance people's life quality. I really loved how the robots are used in some of the café in Japan while being controlled by employees with disability. This is a great example that consolidates my understanding from the CUC lectures about using AI to advocate for inclusion and equity at workplaces. I am also impressed by how technology has been applied to improve the infrastructure around the city. It plays an important part in the main process of designing and operating the complicated train systems to ensure the safety of passengers and operators, building roads and bridges to better the traffic flows and make it more accessible for tourists. For me, it was clearly indicated as effective after my bus tour to Yokohama.



Figure 3. Modern Yokohama through my view

I would like to thank CUC again for their generosity to continue this program and provide participants with amazing experiences in Japan. There is one quote that I really like from the tea ceremony and would be suitable to conclude my report: “一期一会” meaning “Once in a lifetime.” I truly believe it was a once in a lifetime experience for me to visit Japan with CUC and I am glad that I had learnt so many new things to take home with me.

Name: Tran Duy Anh

University: FPT University

My Impression in CUC Program 2024

Since childhood, I've had a deep passion for Anime, Manga, and Japanese culture. Thus, traveling to Japan has always been one of my greatest dreams. Thanks to the CUC Program, that dream has finally come true as I experienced my first visit to Japan. From the moment the program began, my journey in Japan has been even more amazing and marvelous than I ever imagined.

On the first day, I was surprised by how quick and convenient the immigration process was; it took only 10 minutes for me to reach the second airport terminal. Communicating with strangers in English was a bit challenging, but the CUC students were so friendly and proactive in starting conversations that I quickly felt more confident. The Japanese tradition of communal bathing was initially intimidating for me, but I managed to get used to it, and the hot bath turned out to be incredibly relaxing.



On the 2nd day, I tried wearing a traditional Japanese garment called a Yukata for the first time. Although the process of putting it on was a bit complex, I felt that I looked magnificent in it. I also had the chance to participate in an interesting tea ceremony with delicious sweets, but I struggled with the "Seiza" position due to knee pain. Later that night, I got to play with fireworks, which is something that isn't allowed in my country.²



The 3rd day in CUC program started when all participants visited the Tokyo museum. In here, I had the opportunity to see and take numerous pictures of ancient Japanese artifacts. I was especially impressed by seeing a real Katana and Japanese armor, Yoroi.



The next day, I had the chance to explore the CUC campus infrastructure, especially the solar panels, and I was delighted to understand of its design's purpose. In the afternoon, I was pleasantly surprised by a small festival that the CUC students had prepared for us. Traditional games like kendama, origami, and yo-yo were all interesting and engaging. In the evening, Shuntaro-san invited us to his home for a Takoyaki party, where I got to cook this popular Japanese dish for the first time and enjoy it together with everyone.



On August 2nd, I had a long trip to Yokohama, a harbor city, where I had many tasks to complete with my teammates. I rang the bell in the famous Red Brick Building, enjoyed a delicious bun cake in Chinatown, and participated in the actual process of creating Cup Noodles. At the end of the day, I was deeply touched when Komachi-san presented me with a Yokohama T-shirt as a lovely souvenir.



Over the weekend, CUC allowed participants to travel freely wherever we wanted. Naturally, Akihabara—the paradise for Anime and Manga lovers—became our destination. I had the chance to take a picture of the famous street near Akihabara Station. Tanaka-san introduced us to a restaurant featured in the popular anime

“Steins;Gate” for lunch. Afterward, we went shopping at Animate, where I was able to buy 3 identical manga for my brother's birthday.



On the last day of the Summer Program, we gave a presentation on wedding ceremonies in three countries: Vietnam, China, and Japan. I also learned a lot of fascinating aspects about various other cultures. I was once again surprised during the farewell party when a breathtaking trumpet orchestra opened the event—my first time hearing one live. Later that night, we enjoyed a karaoke session together, a popular activity among Japanese teenagers, where I had the chance to sing many Japanese songs.



During this program, I experienced many first-time activities, which were not only astonishing but also unforgettable. I feel incredibly lucky to have met such wonderful people and to have participated in so many exciting activities over these 10 days. I truly loved this program and the other participants, and I wish I could have the chance to join the program again.





